THE SOURCE

NOVEMBER, 1985 VOLUME I, ISSUE II

P.P.M.C.C. Celebrates Charter

Pikes Peak MCC is preparing itself for the celebration of charter on Sunday November 24th. In the UFMCC, a church remains under the authority of a district Co-ordinator until it has received enough members and resources to be on its own. PPMCC has accomplished just that and will now receive its charter from Rev. Bonnie Daniel at the worship service on behalf of the Board of Elders of UFMCC.

The church will not only have a choir and special music at the service, but the founding pastor, Rev. Joyce Setala and the two clergy who have come out of PPMCC, Rev. Ruby Grammer and Rev. Marcie Wexler will also be joining the present pastor, Rev. Roger E. Webb in the worship service at 5pm. In addition, a renewal service will be held Friday, November 23rd at 7 pm at the church and on Saturday a banquet with entertainment will be held at 7pm. Tickets for the banquet are only $5.00 for the meal but must be purchased no later than one week in advance. The banquet will be held in the newly refurbished social hall and will be a non-alcohol event. Call the office at 634-3771 for your reservations.

Rev. Webb says the church is now averaging 90 people on Sundays and expects to break 100 shortly. The church just held an overnight retreat and is presently conducting "AFFIRM" Thursday at 7pm for more informal and spontaneous worship to balance out the liturgical services on Sunday.

To round off this busy month a Holy Union will be held one Saturday evening and the election of the new Board will take place after a Mexican food dinner to raise funds for relief for Mexico City MCC earthquake victims on Sunday Nov. 10th.

New Group Starts On C.C. Campus

"OUT & ABOUT" Is the Gay/Bisexual concerns group on the C.C. campus. Student activities range from social gatherings to discussions of attitudes in society surrounding "gay issues." They try to provide a safe atmosphere for students to examine their own positions and questions about what it means to be gay or bisexual at C.C. and in society at large. They hope to also become involved with "consciousness raising" programs for the benefit of the C.C. community. The group meets every Monday at 7 p.m. For further information please feel free to contact one of the following: David Ives x606. 607; Boettcher Health Center x384; Amy Morrison, assistant dean of the chapel, x638, x640 or the PPGCC Gay Helpline at 471-4GAY.

The Party

By Conny Seay

Once again our community will be celebrating the holidays together. You'll want to be part of the dancing, food and fun. The "Holiday Hop," this year's festive family celebration, will be held on December 14, 1985 from 3:00 up until 7:00 pm. The party will be at Grahams, 3910 Palmer Park (Rustic Hills North Shopping Center.) Grahams features great music and the largest dance floor in Colorado Springs. Tickets are on sale during the month of November from the Community Center Helpline as well as any Gay Support Groups or Organizations, for $7.00. That price includes a super salad bar, beer, wine and well drinks (non alcoholic, too!) Tickets are limited, so get yours today.

The Growth Of Gayspeak

By Harry Staub

If you haven't picked up the latest issue of Gayspeak yet, do yourself a favor and get one. The new Editor, Dan Lykins, has made some dramatic changes in style, format and quality of printing. It's his goal to bring the newsletter to the position of being a reflection of what is happening within the Community Center.

With emphasis being put on Center activities, support group information and a different article written by an officer of the Board of Directors each month, Gayspeak will be the voice of the Pikes Peak Gay Community Center.

Several new ideas have been incorporated into the planning of each month's issue, one of which includes 12 months-business card size advertising for any business which is a member of the center.

If you are interested in helping feel free to give Dan a call at: 475-1214 and leave a message.

Open House At The Community Center

The new Board of Director's first "Open House" was held on Saturday, October 26th. "Turnout wasn't too bad" said Dan Craig, President, "considering that it was a last minute thing and didn't get a lot of advertising."

Many of the people who did show were members of the various support groups and organizations in town. And, several people did stop by just to see what was going on. The Board plans on holding several more "Open Houses" in the upcoming months and it is hoped that people will start taking advantage of them.

The groups and businesses work at having a representative available, someone to let the public know that there is a community center and we are doing something.

Imperial Court Believes In The Spirit Of Thanksgiving.

The Imperial Court of Southern Colorado will be sponsoring it's annual Thanksgiving Dinner at Henri's this year. Starting at noon, the traditional fixins of turkey, sweet potatoes, vegetables, pumpkin pie, etc., will be served to members of the Gay Community.

According to Empress X Kelly, "Thanksgiving Dinner has been a tradition with the Court for about 5 years now and we just feel like everyone should have someplace to go on the holidays." Kelly is right of course, everyone should have the option of spending the holidays with someone. For whatever reasons (and there are many) if your plans for Thanksgiving Dinner so far, include yourself and a Swanson Turkey Dinner...put it back in the freezer. You do have a choice!

Dinners will be served between noon and 5:00 p.m. and there is no charge for either the meal or the company.

Donations will be accepted in order that this tradition will be able to continue for years to come.

A special thanks to the many members of the Imperial Court of Southern Colorado. Every community should be lucky enough to have a "Family" get-together, during the holidays.

Letters To The Editor

Dear Editor
It's about time! I am referring of course to the two mini book reviews you had in last months paper. I immediately went out and bought *Catch Trap* and sat and read it in two days. My thanks to Mr. Chapin for the review and for sparking my interest. Please say this will be a regular feature in your paper.
A Bookworm

Dear BW,
Yes the mini book reviews will be a regular feature in the SOURCE. Our thanks to Mr. Chapin on the excellent job he is doing for us and a reminder to our readers Trilogy Books in Denver (Ken Chapin Co-Owner) has a large selection of books to choose from and would make a good shopping stop for some of those hard to please people on your Christmas shopping list.
The Editor

DANCE DANCE **DANCE** DANCE

Harvest Moon: A Fall Romance
The Fort Collins Gay And Lesbian Alliance is sponsoring a Harvest Moon Dance on Saturday November 9th from 8:00 pm. until 1:00 am.
The dance will be held at the Belvue Grange and refreshments will be available. Tickets will be on sale at the door for $3.00. For further information call 491-7232.

December Deadline

The deadline for the December issue is November 25th.

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P.O. Box 212
3624 Citadel Drive North
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Published monthly. Advertising and Editorial: (303) 636-1060. Subscriptions 6.00 for 12 issues. Publication of the name or photograph of any person or organization in articles, advertising, or listings in SOURCE is not to be construed as any indication of the sexual orientation of such persons or members of such organizations (unless stated specifically) Letters to the Editor, artwork, slides manuscripts, and other correspondence may be submitted to

the SOURCE
P.O. Box 212
3624 Citadel Drive North
Colorado Springs, CO 80909.

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Center Sponsors C.A.R.E.

By now I imagine there isn't anyone left in Colorado Springs that has not heard of C.A.R.E. The Community AIDS Resource Exchange was started about two months ago and the group has a definite purpose in mind. Basically, they are going to be there! They are going to be there as counselors, on AIDS related problems and for people who are having to deal with HTLV-III results or just agonizing over whether or not to take the test. They will be there to answer the many questions that everyone has. They will be there to try and stop some of the misconceptions and rumors that are related to a disease of this magnitude. They will be there for the family and friends of AIDS victims and most of all they will be there for the victims themselves.
It hasn't been easy for a corp group of only six people and it's going to get harder in the next couple of months. All of C.A.R.E.'s coordinators and about one dozen volunteers have signed up to be trained by Hospice. The money to pay for this training is coming out of their own pockets and will involve 30 hours of their time. At the end of this training they will receive certification and they will know how to handle an AIDS crisis situation.
The group is striving to get on their feet and support themselves. In the meantime their Executive Director (Gloria Mackie,) has approached the Board of Directors of the Pikes Peak Gay Community Center and asked for help. The proposal was unanimously approved and the Board has agreed to supply the group with the necessary phone equipment to get them started.
The members of C.A.R.E (both gay and straight) have a motto, a motto that they firmly believe in and one they practice at every opportunity. That motto is "Education Not Segregation." This group is designed to serve the entire population of Colorado Springs and believes that until both communities can start working together, progress can only be hampered.
If you would like to make a donation to the group, it would be appreciated. Money is not the only thing they need, remember, they are just getting started and help would also be appreciated in the form of supplies to get them going. Some of the things that the group could use in a hurry are an answer machine, file cabinets, tape recorder, typewriter, desk, chairs, stamps, pens, pencils, paperclips, etc. etc. etc.
If you have a donation please call 471-4429 and someone will arrange for pickup. Or if it can be mailed please send it to: C.A.R.E., P.O. Box 38576, Colo. Spgs., CO 80937.

Logo Contest

GaySpeak, the newsletter of the Pikes Peak Gay Community Center is running a contest. There is no entrance fee and the prizes include $50.00 in cash and a lifetime membership to the Community Center.
First (and only) place will be awarded to the person who comes up with the best design to be used for the newsletter's masthead.
The paper has gone thru some dramatic changes and Dan Lykins (Editor) feels that a new masthead should be used to emphasize the new look GaySpeak has achieved.
This is the first joint effort between the Source and GaySpeak and the editors of both papers plan on sponsoring several more contests during the year.
All entries should be submitted on poster board and will be displayed in the Community Center. Deadline is December 1st., if you need more information, feel free to contact Dan at 475-1214 and leave a message, or Harry at 577-9623 and leave a message. Someone will get back to you.

Dignity Meeting Schedule Changes

Dignity, the Gay Catholic Church Group, no longer meets on Thursday nights at St. Mary's. As of last month the group has been meeting on Tuesday's. For information on the location, please contact the Helpline...471-4GAY.

Month At A Glance

November

9 - Parents & Friends of Gays - organizational meeting, 10:00 am. at the community center.

13 - The Women's Group - Topic-"Lesbian Motherhood" childcare provided, call the Helpline for info.

18 - Network - One Woman Art Show. 6:30 pm. upstairs at the Exit.
"An Early Frost" - First made for television movie, dealing with the subject of AIDS. NBC

19 - P.P.G.C.C. - Board Meeting, 7:30 pm. at the Community Center.

24 - P.P.M.C.C. - Charter Celebration Worship Service, 5:00 pm., at 730 N. Tejon.

28 - I.C.S.C. - Thanksgiving Dinner, held at Henris (in Old Colorado City.) Starts at noon. No charge, donation accepted.

30 - C.A.R.E. - "City Lights" fund raiser, 10:30 pm. at El Chapperal in Pueblo

Livecell Analysis: Window To The Immune System

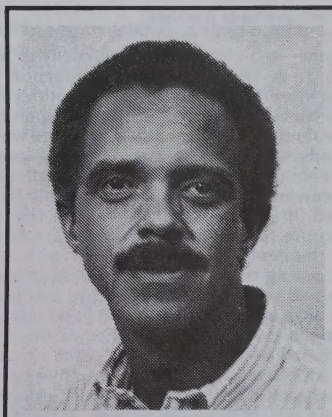
By D. C. Bach

Our immune system is the body's first line of defense. The white cells (leukocytes) literally attack and consume any foreign matter that enters our body-such as bacteria, viruses, allergens, etc. If the immune system is depressed and its activity suppressed, we are more likely to fall prey to the myriad of "germs" to which we are exposed daily.
Livecell Analysis is a way to check the immune system's level of activity and to enhance that activity if needed. All that's needed is one drop of blood (painlessly obtained!!!) to look at the blood cells. The size, shape, and condition of the membrane of the red cells is observed. Precursors to heart disease, hardening of the arteries, and blood clots can be spotted early and handled before they become a problem.
The most exciting part of the program is the ability to spot a sluggish immune system and boost it nutritionally and supplementally. We all will maintain good health by proper nutrition. Anyone who needs to boost the immune reaction can see results in less than a month!! The size, shape, viability, and number of nuclei (lobes) of the white cells all are indicators of the immune system's ability to ward off infection. The number of white cells compared to the number of reds is an indicator of allergy (an immune system supressant).
The Livecell technician can also see bacteria (another immune system supressant) and organisms that seem to be associated with yeast infections. These and many other problems can be spotted and nutritional and supplemental recommendation made. You, the patient, observe the test on a monitor connected to the microscope camera. Then, after following the recommendations from one to four weeks, a recheck is done-again you, the patient, observe. Progress is quick, amazing and exciting.
The cost of the original test is $30.00 and rechecks are $15.00 Supplements are available and costs vary. The original test takes about 45 minutes to an hour-plenty of time is allotted for questions and making sure all aspects of the findings are understood. the rechecks usually are not quite as time consuming, but as much time as is needed to counsel patients is always taken.
If you would like more information, contact Kay Lyn at 471-4174.

Christmas A Time For Sharing

By Harry Staub

Christmas may still be over a month away but the Christmas present buying season is already upon us. This year, while you're making up your list of things to buy (and everyone must have at least one gift they have to go out and get,) think about it.
This is the perfect time of the year to support the gay business community in Colorado Springs. Be selective and plan ahead. There are enough gay owned or managed businesses in the area that if you plan your shopping, you could do it all within the community!
The gay business in Colorado Springs have been very generous with their support to the community over the past years. Between the contributions to the Community Center (cash and merchandise,) the block party, and too many fund raisers for various groups and organizations to remember, they have earned our support.
Who are they? Just look around and you'll see. Many of them have well known reputations in the city. Many of them advertise in both of the local papers and your friends probably know most of the rest.
This is the heaviest buying time of the year and the perfect chance to let people know that they do have the support of the Pikes Peak Gay Community.



"Cab" Shepard

Felix "The Wiz" Shepard

By Harry Staub

Granted he was just one person in a cast of many but, "Cab" Shepard was one of about a half a dozen people who really made "The Wiz" something to remember. With excellent performances turned in by Cab, Tom Baskett (the scarecrow), Brian Casull (the lion), Margaret Penny (Addoperle), Kjerstine Storey (Evillene) and Vicki Shepard (Glinda), the Colorado Springs Music Theatre has managed to put on probably it's best production ever.
Credit is also due the Set Designer for his creative imagination in presenting the land of "OZ," and the Sound Technician for the masterful way in which the Wiz's voice bounced back and forth between the speakers and the stage.
The Colorado Springs Music Theatre already has its next three productions scheduled with "A Chorus Line" being presented in December, "They're Playing Our Song" in February '86 and "The Best Little Whorehouse In Texas" in May.
For further information on dates and tickets, call the Colorado Springs Music Theatre box Office at 633-0076.

Pastoral Letter To The Diocese Of Colorado

The following is a pastoral letter from the Episcopal bishops of Colorado, which was read in all the churches statewide.

25 September 1985

The instinctive response of the Christian community to the AIDS crisis should be one of immediate compassion for its victims. The second response should be "like unto it"---a firm witness against the sort of rear-mongering which states that AIDS is "the visitation of God's wrath upon homosexual people." Such simple-minded and presumptuous reasoning would raise questions about evry disease. For example, what "sin" is being punished by Legionnaire's disease, sickle cell anemia, cancer, and the common cold?

If the will of God is as perfectly revealed in Jesus Christ as we Christians say it is, then God treats disease as an enemy and offers healing, compassion, love, and reconciliation for all of His children.

We urge the people of our Church to minister Christian compassion to all who fall victim of this terrible disease, and to do so without hesitation and without fear, in the same christian spirit which led Francis of Assisi to embrace the lepers of his day.

The epidemic raises another question: what about the common cup at Holy Communion? First of all let us examine the facts as they are currently known. The proven methods of transmission of AIDS are:

1) Intimate sexual contact with the exchange of semen or blood.
2) Sharing of intravenous needles.
3) Transfusion, if the blood product is infected.
4) From a mother to a child, either prenatally or at birth.

There are no other known avenues of infection. While the virus has been found in extremely small quantities in saliva and tears, there is no indication that it has ever been transmitted through these fluids. All of the medical evidence we can gather at this point indicates that there is no danger of contamination through the common cup. We intend to continue our own practice of receiving from the chalice after all others have been communicated. It is difficult to imagine that the Lord would knowingly expose his children to unnecessary risks of infection through this central sacrament of our faith.

Nonetheless, during this crisis we must all exercise great pastoral wisdom and understanding with one another. Catholic theology has always maintained that full and adequate communion is administered through either of the Species, the consecrated bread or the consecrated wine.

If a victim of AIDS declines to use the common cup for fear of exposure to a harmful bacteria which might devastate a body whose immune system has already been destroyed, let us be very understanding. By the same token, let us exercise the same kind of understanding for the cautious person who wishes to receive only the consecrated host. Above all, let us avoid all words and actions which might inadvertently turn this crisis into a political issue. The proper response for Christians is, as we have said, **compassion. love, and the exercise of every Christian gift to alleviate unnecessary suffering.**

In this vein, we ask that prayers be said regularly in all of our congregations for the victims of AIDS, and I urge all members of our Church to exercise whatever political power and pressure they may have to ensure that adequate resources are made available for medical research into its causes and possible cure. Most importantly, please see that every caution is taken to avoid stigmatization of the victims of this dread disease.

Denver Women's Chorus Announces Fall Concert

Tkhe Denver Women's Chorus is pleased to announce its upcoming concert, "Cornucopia," to be held Saturday, November 16 at the Temple Center, 16th Ave. and Pearl Street. Various kinds of music will be performed, including Women's Music, Broadway and Ethnic songs, and Classical pieces. The concert will begin at 8:00 pm.

Special Guests for the evening will be the Denver Gay Men's Chorus. Featured on the program is the melodically beautiful **Mass in G** by franz schubert, sung by the combined voices of the two choirs, and accompanied by eight professional string musicians.

The DWC has its origins in last year's highly successful Festival Chorus for the International Convention of Parents and Friends of Lesbians and Gays, held at the Fairmont Hotel. The Premier Concert of the DWC was held last april and was received enthusiastically by the audience. DWC has also sung with the DGMC in their Christmas performance last year, and with the DGMC and the Mile High Freedom Band in a joint Pride Week concert. Future plans call for "A Celebration of Women and Music" next April, and another joint concert with the Men and the Band for Pride Week '86. In July, DWC is scheduled to perform at the Gay and Lesbian Association of Choruses (GALA) Convention in Minneapolis/St. Paul.

Tickets for the November 16 Concert may be purchased at Category Six Books and The Book Garden, as well as from members of either Chorus. Ticket prices are $7.00 in advance and $8.00 at the door. Seniors over 65 and full-time college students may purchase tickets for $5.00 in advance or $6.00 at the door. children under 12 will be admitted free accompanied by an adult.

Advance tickets may be purchased by sending a check or money order made out to "RMAA/Denver Women's Chorus-",mail to P.O. Box 2638, Denver, CO 80202. If payment is received in time, tickets will be returned by mail. If there isn't time, tickets will be held for you at the door.

For further information, please call Janet Lewallen at 355-6688.

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What Is Homophobia?

Have You Ever...

-Expected the lesbian to change her public identity or affectionate habits or mode of dress to work on "feminist"issues?
-Looked at a Homosexual and automatically thought of his/her sexuality, rather than seeing her/him as a whole, complex person?
-Failed to be supportive when your homosexual friend is sad about a quarrel or breakup?
-Changed your seat in a meeting because a homosexual sat in the chair next to yours?
-Thought you could "spot one?"
-Worried about the effect a homosexual teacher has on (your) children?

Used the term "homosexual" as accusatory?

-Not asked about a homosexual's lover, although you regularly asked "how is your spouse?" when you run into heterosexual friends?
-Kissed an old friend, but been afraid to shake hands with a homosexual?
-Thought that if a homosexual touches you she/he is making sexual advances?
-Felt repulsed by public displays of affection between homosexuals, but accepted the same affectional displays between heterosexuals as nice?
-Wondered which one is the man/woman in a gay/lesbian relationship?
-Felt that gay people are too outspoken about gay rights?

Wednesday Nite Women's Group

By Shellie K.

November 13th we will discuss some issues which pertain to being Lesbian and being a Mother. This night is for current Mothers who have their children and who have lost their children. This night is also for Lesbians who plan to become Mothers. The women organizing the Gay Parents organization (for gay fathers & lesbian mothers) will also be there!
Child care will be provided ! If you plan to bring children, please let us know in advance so we can make adequate arrangements! For further information, call the Helpline...471-4GAY.

Help Wanted

The Pikes Peak Gay Community Center needs volunteers to fill the following positions.

* Fund-Raising Chairperson
Duties to include-creation, coordination and follow through on Fund-Raising activities. Job will require approx. 10 hours per month.

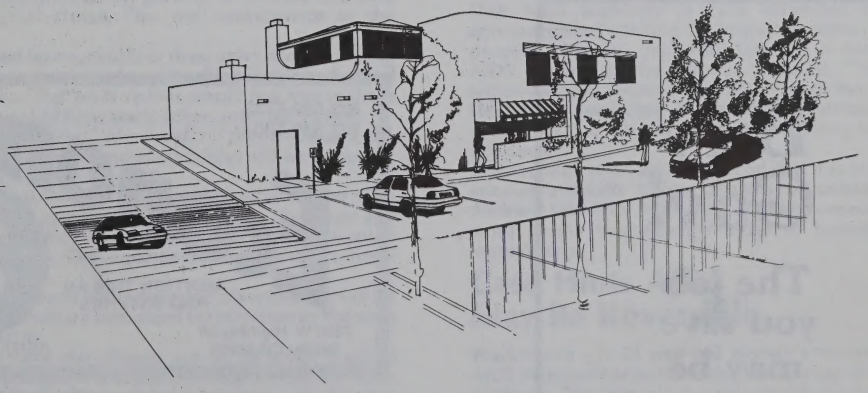
* Support Group Coordinator
Duties to include-meeting with support group leaders on a monthly basis, reporting to the Board of Directors at the monthly meeting about the Support Group activities. Job will require approx. 10 hours per month.

* Community Center Volunteers
Duties to include-greeting people at the Community Center, keeping center hours, knowledge of library and lending rules and registration of new members. Job will require approx. 6 hours per month.

Community AIDS Resource Exchange

Learning And Raising $$$ Highlight November
November marks the first fundraising efforts on behalf of C.A.R.E.-Community AIDS Resource Exchange-a relatively new organization dedicated to informing, educating and counseling the community about AIDS.
"City Lights," a female impersonation show organized by Dede Sands, will feature a variety of performers from many parts of the country at the El Chaperal, 217 E. Northern, Pueblo. Beginning at 10:30 p.m., Saturday, November 30, "City Lights" promises to be one of the biggest and best night club entertainments of the year. Join us in supporting this event-all proceeds will go to C.A.R.E.
A knowledge and understanding of the causes, prevention, myths and hysteria of AIDS is absolutely necessary for all of us. C.A.R.E. was, in part, formed to help educate the public about the AIDS virus and its effects and prevention. On Monday, November 18, "An Early Frost," the first made for television movie about the AIDS crisis will be aired on NBC. C.A.R.E. is in the process of organizing a special "AIDS Watch" centered around this movie, which will include a viewing of the film and a public forum to discuss the issues and questions raised by the movie.
Keep a sharp lookout in the following weeks for more information about both of these worthwhile events.
The fact is that ALL OF US are responsible for SUPPORTING the ENTIRE COMMUNITY, and the AIDS crisis is no exception. C.A.R.E. needs your support also, whether it be in the form of time, money, office equipment, and other things. Please help support the community-wide work of Community AIDS Resource Exchange by attending forums and fund raiser and donating your efforts to the group.
For more information about C.A.R.E., contact us by writing to: Community AIDS Resource Exchange (C.A.R.E.), P.O. Box 38567, Colo. Spgs., CO 80937, or call us at our temporary phone number-471-4429.

THE EXIT



Enjoy The Holidays

Visit With An Old Friend

Parents and Friends/Whole New Format

Marlene Milner and Bev Bowen, the new coordinators of Parents and Friends of Gays, held their first meeting on Saturday, Oct. 26th. Coordinators from several of the Community Center Support Groups were invited and there was a good turnout from both the PFLAG group and members of the gay community.

The PFLAG group is looking for more input and involvement from the gay community and has asked several people who attended the meeting for their help.

Parents and Friends has been in existance in Colorado Springs for quite a few years, but the going has been pretty rough. The previous coordinator (Muriel Davis) who is still an active member, has had to handle things pretty much on her own and without much support from either Parents or the Gay community.

Marlene and Bev hope that by bringing this out in the open and getting the support that they need, the group will have a better chance than it had before.

PFLAG is planning on being able to offer support not only to Parents and Friends of Gays, but also to gays wanting to come out and gay parents.

Several members of the Denver PFLAG have agreed to come to Colorado Springs and meet with Marlene and her group. The meeting will be on November 9th, from 10:00 am. until 1:00 pm. at the community center. This will be an open meeting (everyone is welcome) and will be used to find out what is involved in becoming a member of the parent organization (nationally,) and to get some ideas on what the group will need to meet the goals they have set for themselves.

If you think this group is important, if you have ever wished there was someone who could talk to YOUR parents or if you have ever needed someone to talk to about coming out yourself, do something about it. Muriel Davis put in a lot of long hard years and worked with this project when there was absolutely no one to work with. It has been exhausting and frustrating for her and if it happens again...who will be there to carry on after Marlene and Bev. This is the perfect group for people in the community who want to be involved but for certain reasons cannot be in the public spotlight. A couple of hours a month is all they need from you. Is it really too much for you to give? If you are interested and would like to be put in contact with Muriel or Bev, call the Helpline at 471-4GAY.

Buy Gay!

The job you save may be your lover's!

AIDS Lecture Well Received

By Judy Jordet, Worship Coordinator-MMCC

The AIDS lecture given by Julian Rush, Executive Director of the Colorado AIDS Project, was a well-received, well-attended event. One hundred fifteen people turned out to hear Julian and to ask questions regarding the AIDS crisis. Dr. Judith Reynolds of the Boettcher Health and Counseling Clinic of Colorado college also responded to some of the questions pertaining to demical research.

Some of the information Julian shared was the current statistics for CO. As of last October there have been 134 diagnosed cases of AIDS. 87 of these are deceased. Once a person is infected with the virus it takes from 1 to 3 months for the antibody to show up in one's system. The incubation period is anywhere from 1 to 5 years before becoming "full blown" AIDS. Julian reported that the test for AIDS is 98% accurate. He encouraged those who want to be tested to use a pseudonym if confidentiality is an issue. It must be remembered that testing positive for the antibody does not mean that someone has AIDS or will definitely develop it. It simply means that the antibody against the virus HTLV-III has been detected.

If you want further information about AIDS you may contact the Colorado AIDS Project in Denver. Their phone number is 837-0166 and their address is P.O. Box 18529, Denver CO 80218. Or here locally you may contact C.A.R.E. (Community AIDS RESOURCE EXCHANGE) AT 471-4429. The people of C.A.R.E. have contributed much to getting information about AIDS to the Colorado Springs area. If you see someone from C.A.R.E. let them know you appreciate their efforts, fill out one of their questionaires, and contribute financially if you can.

Also, the Beth-El college of Nursing is offering a 3-hour class on AIDS for nurses and is open to the public. Registration deadline is Nov. 13 and the cost is $24.00. Class will be held on Nov. 21 from 6:30-9:30 PM. More information on this class can be obtained by calling Memorial Hospital at 475-5170.

Maranatha Metropolitan Community Church would like to publicly state our appreciation to Dr. Judith Reynolds and the Boettcher Health and Counseling Clinic for co-sponsoring this lecture with us. We at Maranatha also wish to express our sincere thanks to Julian Rush for coming to present the lecture. We also appreciate the donations made for Ricky Morris, an AIDS patient. The total was $64.14. the many people present added incentive to strengthen our dedication to helping each other in our community and reaching out with understanding to others.

303 539-6733
303 539-6304

Economy 6

MENTION THIS AD AND SAVE 10%

7350 W. Highway 50
Salida, CO 81201

KENT RON

GAY HISTORY QUESTION

Which black singer of the 1930's sang a defense of lesbianism, "Prove It On Me Blues"?

AIDS Update

Survey: Gays Responding To Aids Alert

Atlanta (AP) - A new survey shows a decrease in unsafe sexual practices in San Francisco's gay population, presumably spurred by fear of AIDS.

Between August 1984 and April 1985, in surveys of more than 300 gay or bisexual men, the number who said they were monogamous, were celibate or performed unsafe sex practices only with a steady partner rose from 69 percent to 81 percent, the nation Centers for Disease Control reported.

At the same time, the number of gay or bisexual men reporting sex with more than one partner over the last month decreased from 49 percent to 39 percent.

"These surveys suggest that some gay and bisexual men in San Francisco have modified their sexual practices," the Atlanta-based CDC said. "They provide support for continued efforts to promote change in behaviors that may reduce transmission" of AIDS virus.

After the August 1984 survey, the San Francisco AIDS Foundation launched a campaign, including advertisements in gay publications, to discourage "unsafe" sex practices, including anal intercourse without condoms and oral sex with ejaculation. Incidence rates for those activities decreased between 1984 and 1985 as well.

The decrease in such sexual behavior comes at a time when AIDS virus has flourished in San Francisco's gay community.

Pentagon Retracts AIDS Test Statements

Washington (NYT) - Contrary to earlier statements, the military will automatically discharge anyone who acknowledges during AIDS screening that he or she used drugs or engaged in homosexual acts, Pentagon officials said.

A Pentagon spokesman, Lt. Col. Pete Wyro, reversed his statements of last week that, under the military's newly issued policy on acquired immune deficiency syndrome, no one would be forced out of the service for such admissions in medical interviews.

He said personnel who made such disclosures would be given honorable discharges either on grounds of medical disability or under a catchall clause, "for the convenience of the government."

Expelling admitted homosexuals or drug users is longstanding military policy, but some Pentagon health officials had urged that it be waived so that AIDS victims would feel free to share information that could help trace other potential victims.

"It's essentially automatic," Wyro said. "If they disclose it, the disclosure will be reported and proceedings will be begun for some sort of discharge."

Wyro said homosexuals and drug users identified in the AIDS screening would be guaranteed an honorable discharge and no punitive action. However, he said the same guarantee would not apply to any sexual partners identified in the medical interviews.

The Defense Department has announced plans to screen all 2.1 million active duty military personnel for infection by the virus that can cause AIDS.

Those found to have the disease are to be given medical treatment, counseling and medical discharges under honorable conditions. Those who have been infected with the virus but do not show signs of the disease will be retained in the service, probably with their duties and geographical location restricted, Pentagon officials said.

Jeff Levi, political director of the National Gay Task Force, an organization that defends the civil rights of homosexuals, said that the policy "will guarantee that when people test positive they will not be honest with health officials about how they may have come in contact with the virus. That will hurt the military's ability to control the spread."

Team Claims Anti-AIDS Success

Drug Halts Spread Of Fatal Virus, French Researchers Say

Paris (AP) - French researchers said that a drug now used to prevent rejection of transplanted organs can halt the growth of the AIDS virus and allow the body's crippled immune system to rebuild itself.

Paradoxically, the treatment developed by three doctors at the Laennec Hospital in Paris re-establishes the immune system undermined by AIDS by temporarily suppressing that system.

The researchers said their treatment is not a cure for acquired immune deficiency syndrome, which has been fatal in most cases to date, but could help maintain AIDS victims until a drug is found that will eliminate the virus.

Drs. Philippe Even, 53; Jean Marie Andrieu, 44, and Alain Venet, 35, said they had witnessed "spectacular" improvements in two patients, one of whom was considered close to death, who were given the drug cyclosporine for five days.

They told a news conference that, in both cases, there was a marked resurgence of the immune system as measured in heightened levels of the critical T-4 lymphocyte white blood cells destroyed by the AIDS virus.

Four other patients are under treatment with cyclosporine at Laennec, but the researchers said it is too early to give results in their cases.

It is highly unusual for such findings to be reported to the public so quickly and with so few patients, researchers say.

Scientific research results customarily are presented first to the scientific community at meetings and in professional journals, where the results can be reviewed and discussed by other professionals capable of assessing them. Public reports generally coincide with or follow professional reports.

Dr. Samuel Broder, director of the clinical oncology program at the U.S. National Cancer Institute in Bethesda, Md., said, "I think on the basis of the evidence presented thus far in scientific journals, no patient need feel that he is being deprived of curative therapy by not having access to cyclosporine at the present time."

The researchers believe that the treatment, by deactivating the immune system, also will stop or inhibit reproduction of the AIDS virus. They added however, that there is no known method of readily confirming that.

Even said the team had "deduced" that this effect would be obtained through the treatment.

He conceded that some "uncertainty" remains, explaining: "We're talking only about a biological response and that does not necessarily imply therapeutic success."

One AIDS authority in Paris expressed surprise at the announcement's timing. "I know this team. They're serious people," said Dr,. Jean-Paul Escande, a dermatologist and AIDS expert at the Tarnier Hospital. "But this public announcement seems a bit premature to me."

He said cyclosporine is regarded suspiciously by medical authorities, "as it is suspected, over the long term, of promoting cancer."

The research team acknowledged that it is highly unusual to announce results before months of confirming research. Andrieu said they found it "ethically necessary" to spread word of the treatment in order to benefit AIDS victims immediately.

Case Hints AIDS May Be Reversible

Washington - A 33 year-old woman's recovery from a mild AIDS infection has become the first tiny ray of hope in the viral epidemic. The case, which is reported in this month's Annals of Internal Medicine, was documented by researchers at Stanford University School of Medicine in California the the Institute Pasteur in Paris.

The researchers cautiously conclude that the lethal disease "may be reversible in some cases." They said the case indicates that some people who have AIDS infections do not become lifelong carriers. Researchers would identify the woman only as being from the San Francisco area. She will have to be watched closely for many years, they said.

Gazette

Officials: AIDS Scare Unfounded

Medical Experts Are Confident Vaccine Will Be found Soon
Denver (AP)- The national hysteria about AIDS isn't supported at all by facts about the disease, officials from four Colorado medical organizations said.
That hysteria about Acquired Immune Deficiency Syndrome has included representatives of the media and the general public, the groups' representatives told reporters during a briefing.
Even those considered at high-risk for AIDS could cut back on casual sexual encounters, avoid intravenous drugs and face less danger than the average person faces driving to work, said Dr. Stan Ferguson, director of disease control for the Colorado Department of Health.
There is no known cure for AIDS, which destroys the body's ability to fight other ailments, but "there is reason for optimism," said Dr. Joseph Marr, head of the division of infectous disease at the University of Colorado School of Medicine. "The message is a positive one."
We're pitting a very formidable viral enemy against very formidable medical research," said Dr. Frank Judson, director of disease control service at Denver General Hospital.
Dr. Nancy Nelson represented the Colorado Medical Society at the briefing. All four expressed confidence that a vaccine will be developed to combat AIDS.
"Aids has received as much research money as can be used. The research field is almost saturated. Capable people are having no trouble getting research funds," Judson said of research funds.
The doctors said public concern over transmission of AIDS through casual contact is unjustified. They criticized nationwide reactions to pupils with AIDS being in classrooms with other pupils.
A 17-year-old Denver Public School pupil recently was transferred from a classroom to his home to continue his studies after blood tests revealed that he had been exposed to the HTLV III virus that can lead to AIDS.
The virus actually does lead to AIDS in just a small percentage of cases, but its presence in the bloodstream is used to eliminate possible blood donors.
"There has been no secondary infection of AIDS patients except in the case of sexual or drug contact," Judson said.
He pointed to a study of 300 families where a relative living in the home had AIDS. "Certainly, family members should be at high risk," Judson said, yet the study showed no evidence of family members acquiring AIDS or even the HTLV III virus.
There has been a big increase in the number of people going to blood-test centers set up under the AIDS program, the doctors said.
In Denver, 30 to 40 people a day are coming in for tests. The doctors said they didn't know whether the increase resulted from publicity surrounding the AIDS death of actor Rock Hudson.
State health department figures show there are 131 AIDS patients in Colorado and about 70 people in the state are known to have died of the disease over the last few years.

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Board Endorses AIDS Policy

State Education Officials Leave Decision To School Districts
Denver (AP) - A mildly worded suggestion to Colorado school districts that they handle any incident of AIDS in students on an individual basis, and not flatly bar any carrier from classes, was unanimously endorsed by the State Board of Education.
The resolution, by board member Gil Gilbertson and amended by fellow member Richard Kraft, says the board essentially agrees with the State Health Department that school-related issues be resolved by local districts on an individual basis.
The resolution says students carrying the AIDS virus have a right to privacy and private review of their cases, and the department best serves districts by providing accurate medical information relating to the disease.
It says exclusion of students, either on a short-term or long-term basis, needs more study, particularly where there may be legal ramifications.
But it stresses the local school board "is the appropriate decision-making body on the actions to be taken."
The position concerned member Art Pansing, who voted for the resolution but thought the board should take a stronger position against the flat exclusion of such students.
Pansing said he thought the board bowed to what he called the "sacred cow of local control" on that issue. He said he believed some local school districts would not hesitate to ban any student from classes if the student was either infected or a carrier.
"The Denver Public Schools system has already done that," he said.
With the adoption of the resolution, the board also agreed to look into the legalities on including AIDS on the list of handicapping conditions that allow students to be instructed at home or in special settings.
The resolution carries no force of law or rule, and counters the proposal by Education Commissioner Cal Frazier, who recommended on Wednesday the board adopt a rule barring from public schools students confirmed as having AIDS or being a carrier of its virus.
Dr. Tom Vernon, director of the Colorado Department of Health, told the board on Wednesday that such a blanket decision should not be adopted, and the schools and communities should evaluate each child on a case-by-case basis. Such removal, Vernon said, "is to say to the nervous public you believe that this is a serious problem. Let's act on what we know-and not panic."

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National News

Nightmare's End

Monoxide Silences White's "American Dream"
San Francisco (AP) - Dan White's boyish good looks and easy manner won him political office and a piece of the American dream. But his assassinations of a popular mayor and the city's first gay supervisor began a nightmare that lasted until he took his own life, clutching pictures of his children.
"This is the final personal shock in a series of sorrows that Dan white caused," said Assemblyman Art Agnos. "Besides hurting the families of (Mayor) George Moscone and (Supervisor) Harvey Milk and his own, he also exacted an incalculable price on the citizens of San Francisco and all of California."
Mayor Dianne Feinstein said "the latest tragedy should close a very sad chapter in this city's history."
Coroners performed an autopsy to confirm the police belief that the former city supervisor killed himself by carbon monoxide poisoning after running a hose into his car from the exhaust pipe. The car was in the garage at the house where he and his family had lived.
Deputy Coroner Everett Bigbee said White was clutching pictures of his two children and left four notes to members of his family, including one to his brother Tom, who found the body. White has asked his brother to come to the modest home, and authorities said the note to him read in part: "Dear Tom, Sorry you have to find me this way. I'm sorry for all the pain and trouble I've caused. Dan."
White's death was viewed grimly by some as his own sense of justice in the case. Others viewed it as a sign of the deep disturbances that haunted White.
White's attorney, Douglas Schmidt, said, "He was always vacant and depressed from the first time I met him," days after the shootings.

Marine Balks At Giving Proof He's Homosexual

Los Angeles (AP) - Sgt. Rolf Lindblom says he is a homosexual and wants to be honorably discharged from the Marine Corps. Military officials want proof, but Lindblom fears that could lead to a courtmartial.
"What they're asking is for me to make official statements that I have practiced homosexuality and committed sodomy," Lindblom said Tuesday "If I were to make those statements, they could court martial me and destroy the character of my discharge."
Lindblom, 25, who has spent five years in the Marine Corps, was named Marine of the Year in 1984 for his duty station-the Naval and Marine Corps Reserve Center in Los Angeles. Last July he told his superiors that he was a homosexual and wanted to be honorably discharged.
Maj. Bill Wood, spokesman for the 4th Marine Division head quartered in New Orleans, sai Lindblom can be honorably discharged, his request for discharge can be denied or a court martial can be ordered if an investigation determines he has violated the Uniform Code of Military Justice.
"Marine Corps and Navy regulations state that homosexuals will be given honorable discharges unless they are prosecuted and found guilty of a violation of our regulations," Wood said. Homosexual activity at a federal installation or homosexual activity with another service member on civilian turf are among those violations, he said.
"All we're trying to do is make sure the homosexual issue doesn't become an easy way to get a discharge. I think you can see the ramifications," Wood added.

Gay Games II: Theme Music And Official Poster Contests

San Francisco - San Francisco Arts and Athletics announces two contests for Gay Games II and Cultural week to be held in August of 1986. Both are open to gay and lesbian artists throughout the world.
The first will select theme music for the Games to be performed at the culmination of Closing Ceremonies. Rules of the contest are as follows:
* The music must be written for SATTBB chorus (soprano, alto, tenor, bass). It should reflect the spirit and pride of the gay and lesbian community as expressed in Gay Games II.

* It should be arranged with verse to be sung by a chorus with audience participation during the refrain. Instrumentation should be limited to piano or piano and small stage band.

* Length of the piece should be 3 - 5 minutes.

* Musicians are encouraged to also submit a tape of the composition, but this is not required. Scores and tapes, if submitted, will be returned upon request.

* The composer will be acknowledged in the Official Program along with a biographical sketch.

* Vocal and musical sketch must be received by January 1, 1986. Final arrangement must be completed by March 31, 1986.

Compositions will be judged by a panel of professional musicians from Bay Area performing groups. The winner agrees to grant Performance rights to san Francisco Arts and Athletics, with further use to be negotiated.
To submit entries or for further information, contact:
Katherine Drebs, Director of Ceremonies, 207 Day St., San Francisco, CA 94131.

Gay Games II is also sponsoring a Fine Arts Poster Contest. Artists are encouraged to submit their work for consideration as one of the GG II official posters.
The contest will culminate in a major exhibit of gay and lesbian artwork to be held during the week of the Games. The top three finishers will be invited to show more of their artwork during this juried exhibit.
Artwork to be submitted must be 16" X 23". Overall size of the posters, including border, will be 22" X 31". Artists should consider the major themes of Gay Games II:

* Everyone is a winner-athletes, volunteers, spectators;

* GG II stresses the health and vitality of our community through amateur athletics;

* GG II encourages participation from men and women, minorities, the physically challenged and those of all age groups;

* The events are truly international in scope and will attract athletes and spectators from many different countries.

These high quality posters will be reproduced in full color on heavy stock. All posters will credit the artist and his/her hometown. They will be distributed in gay and lesbian communities throughout the world.
Artists should study the Official Rules carefully before submitting entries. Original artwork must be received at the Gay Games office by February 1, 1986.
For complete Rules and Entry Form, write or call:
Poster Competition, Gay Games II, 506 Castro St., San Francisco, CA 94117...(415) 861-8282.

First Lesbian Mayor Indicted In Embezzlement

Los Angeles (AP) - Valerie Terrigno, believed to be the first avowed lesbian mayor of an American city, was indicted by a federal grand jury on 14 counts of embezzling money intended for the poor and homeless.

The charges stemmed from her former job as executive director of Crossroads Counseling, and involved about $11,000, prosecutors said.

Ms. Terrigno, 32, resigned in August as the first mayor of West Hollywood, a city carved out of unincorporated Los Angeles County territory last November by a vote of its residents, an estimated third of whom are homosexual. She remained on the City Council, which has two other gay members.

The indictment alleges that she knowingly embezzled thousands of dollars in federal funds from various federal agencies in the forms of grants.

In one count, the U.S. attorney's office says Ms. Terrigno was charged with writing a check for $5,000 on an account which held funds from the Federal Emergency Management Agency. The check was written to Safeway stores for gift certificates, the indictment said.

"Rather than give these food coupons to the hungry and underprivileged, it is alleged that Terrigno issued most of these coupons to herself and her friends in order to purchase food and drinks for personal use," said a statement issued by prosecutors.

The indictment also alleged that Ms. Terrigno prepared a forged list of indigent names to indicate needy people received the Safeway coupons and that she submitted the list to the United Way, which administered the program.

It also charged that Ms. Terrigno issued to herself four additional payroll checks to $581.15 each "which she knew she was not entitled to."

The indictment also alleged that she issued a &450 check on the FEMA account to an auto mechanic for repairs on her automobile.

Other charges involved checks allegedly written to friends and to Ms. Terrigno's landlord to pay her rent.

Reports that the grand jury was investigating her and her agency surfaced shortly after her election last year. She hired celebrity attorney Howard Weitzman to represent her. Ms. Terrigno denied any wrongdoing then, and Weitzman reiterated that she "obviously" would continue to deny the allegations.

"I must say I'm a little disappointed because, based on my review of the facts, I don't believe Valerie did anything wrong, and I hope she has not been singled out for prosecution," Weitzman said.

Ms. Terrigno was not in her office and couldn't be reached for immediate comment, said her secretary.

Councilman John Heilman succeeded Ms. Terrigno in the ceremonial post of mayor, and city officials honored her for her work in organizing the new city.

National Conference Of Black Lesbians & Gay Men

St. Louis - A national conference for Black lesbians and gay men is scheduled here for November 29-December 1, 1985. The three-day event is sponsored by the National Coalition for Black gays (NCBG), an organization "committed to building solidarity between Black lesbians and gays, transpersons, and with our heterosexual sisters and brothers."

Workshop topics include AIDS in the Black community; African-American/Caribbean cultures; gay and Black media; and Black lesbian leadership.

For further information, contact NCBG, 930 F St., NW, Suite 514, Washington, DC 20004; or call (202) 737-5276.

You're Cordially Invited

Pikes Peak MCC has received its charter as a fully recognized, mature and independent church within the UFMCC. To celebrate, we invite you to:

Renewal Service: *Friday, Nov. 23rd, 7:00 p.m.*
730 N. Tejon

Banquet: *Saturday, Nov. 23rd, 7:00p.m.*
730 N. Tejon
Donation of $5.00. Tickets must be purchased in advance.

Charter Service: *Sunday, Nov. 24th, 5:00 p.m.*
730 N. Tejon
(Special Music & Choir)

Joining Us: *Rev. Joyce Setala, Founding Pastor Rev. Bonnie Daniel, District Coordinator Rev. Ruby Grammer and Rev. Marcie Wexler. Rev. Roger Webb, present Pastor.*

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Hairdesign By Yvonne at the "Gray Dove Salon." Let me help you with a hairstyle that fits your lifestyle. Call 634-7016, Downtown - 318 E. Pikes Peak.

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G.W.M. 38, presentable and non smoker. Interested in relationship (roomate) with masculine G.W.M. 25-38 yrs. old. Willing to share all expenses. Call 471-1216, ask for George.

Massage! Treat Yourself to a hot oil full body massage for total relaxation. I'll relieve you of those tense stiff muscles. Get rubbed the right way! Robert 635-9590.

Free To Good Home Male Black Lab., 1 1/2 yrs. old, very playful, has had all of his shots and is neutered. Call 495-2140.

G/M - 32 Seeking sincere, honest and loyal W/M, age 18-35. Must be intelligent, serious-minded and over sexed. Looking for love relationship and home. Also interested in helping with business, prefer hippie type or country boy. Please write (with photo and phone) to D.R., 6935 N. Academy, Apt. 159, Colo. Spgs. Co 80918.

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Support Group Coordinator Duties to include: Meeting with support group leaders on a monthly basis, reporting to the Board of Directors at the Monthly Meeting about the Support Group activities. Job will require approx. 10 hours per month. Call 471-4GAY.

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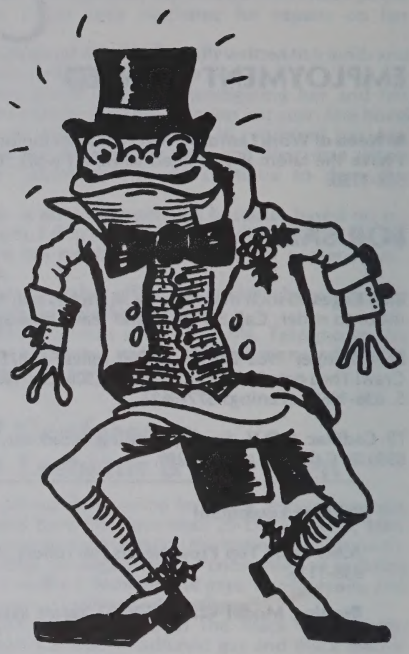

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- A MINIMUM OF 150 TICKETS MUST BE SOLD BY DEC. 1 OR THE PARTY WILL NOT BE HELD - SO BUY YOUR TICKETS EARLY!

Thank You For Calling The Helpline

By Harry Staub

The volunteers have been working on fundraisers to help support the community center this year and several good ideas have come up. One of the best is what we will be doing for Valentines Day. The Helpline staff will be taking orders over the phone for either heart shaped chocolate chip cookies or heart shaped cakes. No prices have been set yet but the cost will be inexpensive and will also include delivery. Details should be worked out by our next meeting and more information will be available in the next issue of the Source. One thing for certain is that center members will be able to call their orders in and be billed for them at a later date. Everyone else will have to pay in advance.

Another interesting thing that is happening is the change in the types of calls we are getting on the line. Up until last month the category which we received the most calls in was, people asking for information on the bars. Last month we only received two calls seeking this information. The bulk of the information calls that we did have were geared to the center and it's support groups and activities. This was brought up at the last board meeting (of the Community Center) and it was decided that the Center needed to offer more in the way of alternatives to the bars, for the people who are interested.

As members of the gay community, you should be aware that every call that comes in on the Helpline is recorded and counted at the end of the month. No names are used (hardly anyone gives us a name in the first place) and my report at the end of the month is a valuable tool in letting the Board of Directors knowing what the community wants and needs. If you have a question or comment this is one way of expressing it where it counts.

If you would like more information on the Helpline or would just like to talk...give us a call at 471-4GAY.

GAY GAY

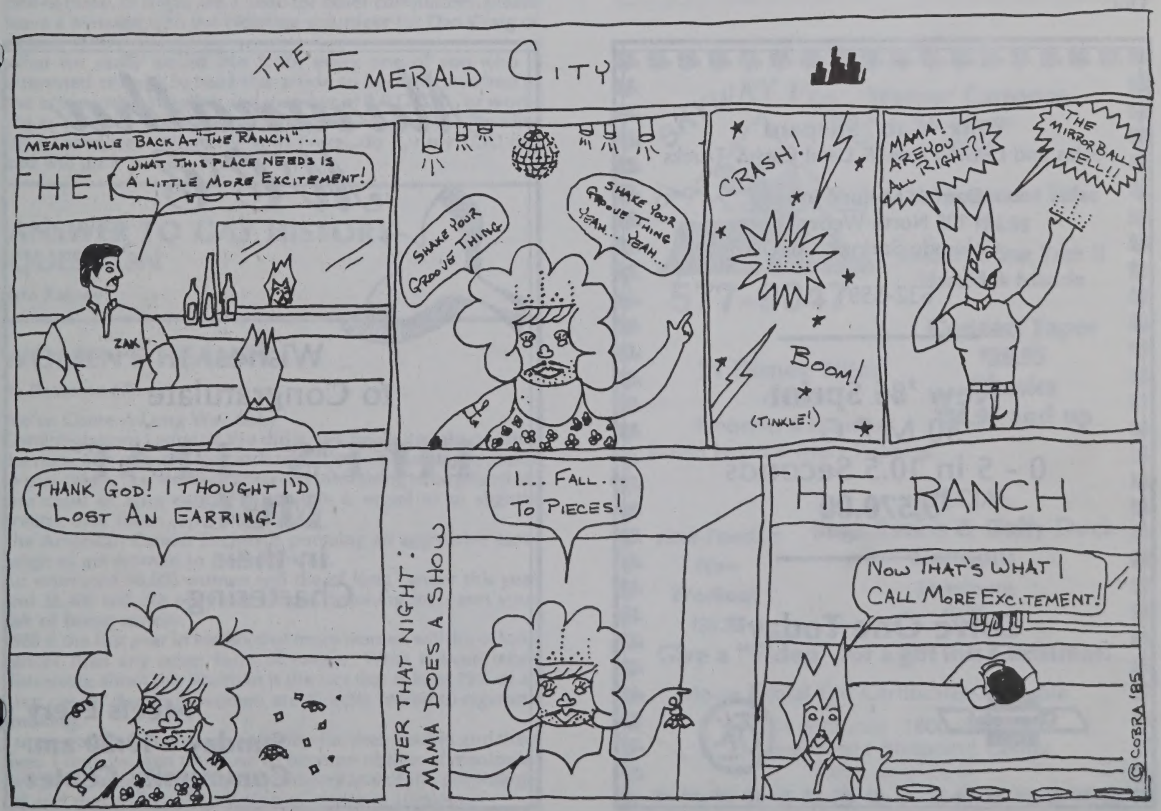
By Roger Webb, Pastor PPMCC

We are headed into the "Holiday Season" of Thanksgiving. This is a difficult time for some of our people for it raises up issues of family and tradition. Some people have to work out their priorities of their relationships. Do they spend it with their natural families or their spouses? The decision you make is based on who comes first in your life, you and your "own family of partner and friends" or your "real" family as some call it.

In order to enjoy this season for those who find it difficult, consider making your own tradition and creating your own family. The Network, the Royal Court and the various churches all offer some kind of Holiday program each year. Depending on your interest participate with one of the, let them be your own community and support system rather than choose self-pity or isolation.

Affirm your friends, and if you have a relationship, by all means affirm them. Call them together and throw a potluck Thanksgiving dinner for everyone. After you eat maybe you could sit around and share what you appreciate about your friends and some of the good memories you have of the last year. This could be a lot more fun than hearing about cousin Harold and the subtle and not so subtle questions of "when are you going to get married" amongst family members.

For all of us, whether we share it with loving blood families, our own created gay families or both, we have a beautiful area in which to live, with a growing gay community to be a part of and many fine people around us. For a former Californian of two years ago, I'm mighty thankful to be here in the Pikes Peak area. HAPPY THANKSGIVING!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SHAKE YOUR GROOVE THING YEAH... YEAH...
CRASH!
BOOM!
(TINKLE!)
MAMA! ARE YOU ALL RIGHT?!
THE MIRROR BALL FELL!!
THANK GOD! I THOUGHT I'D LOST AN EARRING!
LATER THAT NIGHT: MAMA DOES A SHOW
I... FALL... TO PIECES!
THE RANCH
NOW THAT'S WHAT I CALL MORE EXCITEMENT!
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TO YOUR HEALTH

For The Health Of It

By Gloria Latimer, Health Education Coordinator, El Paso County Health dept., 578-3108.

Help a Friend to Quit

Thursday, November 21, 1985 marks the day of the 9th annual Great American Smoke-Out sponsored by the American Cancer Society. This is a day in which smokers across the country are encouraged to give up smoking for the day. Nationally, over 33 million people have quit smoking cigarettes.

Smoking is a difficult--but not impossible--habit to break. Although nicotine is one of the most addictive drugs in our culture and the tar in cigarettes in known to be a causative factor in lung cancer, our government continues to subsidize the tobacco industry. Draw your own conclusions. An interesting sideline is the fact that recently the Tobacco Institute spent $50,000 in Colorado Springs on surveys and advertising against the city smoking ordinance. Despite the attempts to cloud the issue, 67% of C.S. voters were in favor of the ordinance.

Many smokers say that they would like to quit smoking for good. Most have given it up a time or two. If you are one of those 33 million, you're the perfect person to help a friend to quit. Get involved with the Great American Smoke-Out this year and adopt your friend for the day. By participating in the "Adopt-A-Smoker" activity you pledge to help your friend resist the temptation of cigarettes for the day. The purpose of all this is to encourage and support smokers in their attempt to quit. The American Cancer Society even has a survival kit full of items to help smokers throughout the day. Call them at 636-5101 to obtain a kit and more information.

Lung Cancer is primarily a preventable disease. The American Cancer society estimates that 75% of deaths from lung cancer could have beem avoided if individuals never took up smoking. It's not too late. Join us for the Great American Smoke-Out.

When you said you wanted a traditional Thanksgiving Dinner, this isn't what I had in mind.

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Meets Every
Sunday - 10:30 am.
Community Center

INSIDE P.P.G.C.C.

By Shellie K.

Vice President - P.P.G.C.C.

Last year's Vice President, Tim, began a tradition in the SOURCE with this column. I agreed to continue the tradition with the office. I'll try to keep you up to date with the Pikes Peak Gay Community Center (P.P.G.C.C.) Board of Directors' activities.

The Board of Directors meets on the THIRD TUESDAY of every month at the Community Center (next door to the Annex). These meetings are for:

a) Board of Officers,
b) representatives of the Member organizations and businesses,
c) liasons/facilitators/co-ordinators from Center Support groups,
d) all P.P.G.C.C. members.

If one of these applies to you, come and see what your board is doing!

As the Center has grown, so has the length of the Board meetings. As a counter measure to L-O-N-G meetings, the Board of Officers meets between Board of Directors meetings, as necessary. We met Sunday, October 6th and meet again Tuesday, November 5th. We are working with the community to make the monthly Board meetings efficient and concise.

Committees also save time and effort. Many issues which waylay the Board meetings should be explored in the smaller forum of a committe. Two committees being formed are "Fund Raising" and By-Law Changes". I am chairing the second. (We will investigate the Bylaw changes which were tied in the September election. As the author of one of the proposed sets of changes I was assigned the committee.) Both committees need members. If you are interested in serving on one of these, or if you see a need for other committees, please leave a message with the Helpline volunteer for Dan Craig or myself.

What we really would like is for every one of you who is interested enough to read this article to become involved in the community. Whether as a member of P.P.G.C.C., or working as a Center Volunteer, or a helpline volunteer, or serving on a committee. Whatever your Forte...do it, only YOU can and will do it as well. THANKS!

ANSWER TO GAY HISTORY QUESTION

Ma Rainey

WOMEN'S HEALTH

By Roxanne Ellis

We've Come A Long Way Baby

Congratulations Ladies!!! We did it. We finally caught up with the men. Not only did we catch up with them but we are about to pass them. Yes, we have achieved something to be proud of. The cases of lung cancer in women is equal to or slightly greater than those reported in men.

The American Cancer Society is pursuing an aggressive campaign to get women to stop smoking.

An estimated 38,600 women will die of lung cancer this year and 38,400 will die of breast cancer. Smoking increases your risk of breast cancer.

1985 is the first year in history that more women will die of lung cancer than any other form of cancer. What is even more distressing about this situation is the fact that at least 75% of all lung cancer deaths in women are directly linked to cigarette smoking.

I urge women to take responsibility for their bodies and their lives. I urge women to refuse to become victims of manipulative advertising by the tobacco industry and of the physiological and psychological addiction of cigarette smoking.

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Trull--Higby Concert Review

By Kimberly DeDobbelaere

Teresa Trull and Barbara Higby, LIVE in Boulder, October 19, 1985. If you like excellent, high energy music this would have been a night for you.

The evening was opened by June Millington. Ms. Millington performed by herself, accompanied by an instrumental tape from her current album. She is an able guitarist and singer with a wide ranging voice. She did not seem as polished as some performers I have seen, but it would have been difficult to get "pumped-up" to perform alone-especially the hard, driving rock and roll she seemed to prefer. Ms. Millington did sing a ballad-like number which showed more of her range and sensitivity. the music she played that night was not really my style, and I did hear some grumbling from some of the audience about the length of her tunes and the type of music she played.

Barbara Higby and Teresa Trull were indeed the headliners and the audience was ready for them. There was a perceptible excitement as the two women arrived on stage-they didn't disappoint us. They were in Boulder on national tour promoting their album, "Unexpected."

Having seen the duo when they were in Boulder several months ago with Chris Williamson and Tret Fure I knew they were good. By themselves they seemed more willing to show us more of what they could do. It was delightful to see Barbara Higby singing with more confidence and strength. For whatever reason, she seemed much more comfortable behind the microphone. She sang a jazz number that she had arranged and was very effective in the work she did with Teresa. In this concert her voice did not get lost, but was an integral part of the music. She also played more of her own music, including one piano solo she described as "Idiot Glee," and she laughed with the audience, saying that by our response, she could tell we knew a little about ourselves.

Teresa Trull is a powerful, innovative vocalist who can (and does) sing anything, and sing it well. Her ability to change the mood of the evening from laughter to tears was remarkable. Trull has the gift of not only a wonderful voice but the ability to use it to create and share feelings and emotions.

There is an electricity between Higby and Trull that permeates their performance and becomes a direct link with their audience. They were able to be very personal and interactive with audience, creating an atmosphere where laughter was almost as common as the hushed appreciation. They are truly professionals and that professionalism permeates their music from the instrumental side to their lyrics and vocal prowess. Even with two standing ovations and encores the evening ended all too quickly.

It really is too bad that these women and other "alternative" performers are in Colorado so infrequently and that they never seem to come to Colorado Springs. Another very important issue is the matter of "getting the word out." We learned of this concert through a Denver based newsletter, not through any local source. We need to have better communication with the people promoting these concerts.

It seem to me that we might be as capable of supporting such music here in the Pikes Peak Region as the Boulder-Denver area. What do you think?

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Mini Book Reviews

P.K. Johnson and Ken Chapin are co-owners of the Trilogy Bookstore, 630 E. 6th Ave., Denver.

How A Man Ages *by Curtis Pesmen, $7.95*

Curtis Pesmen ought to have written **How A Man Ages** thirty years ago, and I ought to have read it then. The subtitle, *Growing Older: What To Expect and What You Can Do About It*, promises much useful information, and the book provides it.

I was impressed from the very beginning as I read,"...the integration of so called masculine and feminine traits might be the elusive key to the concept of *vital aging*. It is possible that men who have taken on more of the nurturing and supportive roles, traditionally assigned to the female, will be better able to withstand the stresses of aging and retirement." Unfortunately, however, Pesman does not expand this theme.

You will be pleased to find excellent summaries at the end of each chapter. They provide helpful guidelines for personal care which I have already begun to put into practice.

You will find the approach refreshing, positive and holistic. The author seems genuinely concerned with giving us good information, is not interested in becoming another health guru, and does not use valuable space for promoting fads or useless products.

Wherever you are in the aging process, you will find this book a useful and important addition to your library.

by Ken Chapin

How A Woman Ages *by Robin Marantz Henig, $7.95*

The good news is that the generation of women now in their 20's and 30's, brought up to jog, eat fiber, and avoid smoking, will live well and long. More good news of this book is that Henig has no axe to grind and no product to sell--she concentrates on the physical aspects of the aging process in women without pushing name brands or registered trademarks. This is a refreshing change from the usual health/diet book.

The bad news, if it can be called news, is that all of us age, and some aging disabilities are unavoidable, though many can be alleviated through exercise, sensible dietary habits, and the willingness to seek and accept major changes. The emphasis in this book on attitude give it a holistic flavor so that it is not just a description of the physical aging process. Henig, and Gail Sheehy in the introduction, propose career changes as being equally important with good health habits. Having made a significant career change myself, at an age when many are thinking of retirement, I appreciate Henig's insistance that new starts in life keep one's outlook young, no matter the age of the body.

The format of the book takes the reader chapter-by-chapter through such concerns as digestion, skeletal changes, sexuality, heart disease, and senile dementia, explaining how and when each change occurs, and giving generic advice on remediation. Each chapter has a capsule summary, handy for future reference.

In a way this book reinforces everything you've ever heard from your mother-eat your carrots, exercise, drink lots of water. It goes one important step farther, though; it tells you **why.** This is reason enough to read the book.

by P.K. Johnson

COMMUNITY GROUPS AND SERVICES

The following is a list of the groups and organizations that presently meet on a regular basis in the Colorado Springs area.

"CAN WE TALK" – Mondays at 7:00 p.m. open to everyone.
C.A.R.E. – Coordinators Meeting at 1:00 p.m. on Sundays at the Community Center.
"COUNT ME IN" – Thursdays between 7:30 and 9:00 p.m. open to everyone.
DIGNITY (Catholic support group) – Tuesday evenings at 7 p.m.
GAY ALCOHOLICS ANONYMOUS – Monday, Wednesday and Friday at 8:00 p.m. In the church basement at 730 N. Tejon.
GAY HELPLINE – 471-4GAY volunteers work the phones Monday thru Friday 6:00 to 9:00 p.m., Saturday from 1:00 to 5:00 p.m. Meets on the 4th Tuesday of each month.
IMPERIAL COURT OF SOUTHERN COLORADO – For information call 471-7468
MARANATHA MCC – Meets Sundays at 10:00 am. at the Community Center.
NETWORK – 1st and 3rd Mondays of the month, 6:00 to 9:00 P.M., upstairs at the Exit.
"Out And About" – Meets Mondays at 7:00 p.m. on the C.C. Campus.
PIKES PEAK MCC – Sunday Service 5:00 pm. at 7:30 N. Tejon.
SEXUALLY TRANSMITTED DISEASE CLINIC – 510 N. Foote Avenue, minors examined without parents consent, information confidential, nominal fee. Call 636-0147
SPEAKERS BUREAU – Call Helpline for information.
TERROS CRISIS AND COUNSELING HOTLINE – Call 471-4127
THE WOMEN'S GROUP – Wednesday, 7:00 p.m.

For further information regarding the groups above, call 471-4GAY.

Pikes Peak Gay Community Center Membership Form

Fill in the form below and mail it with check or money order to P.P.G.C.C., P.O. Box 574, Colorado Springs, Colorado 80901.

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_____ $ 5.00 Student (16 to 21)

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_____ $ 10.00 Household

_____ $ 35.00 Institutional

_____ $ 60.00 Sustaining

_____ $ 120.00 Business

Membership runs for one year from the date of joining. Each type of membership includes voting privleges, and the right to hold office. Membership list is confidential.

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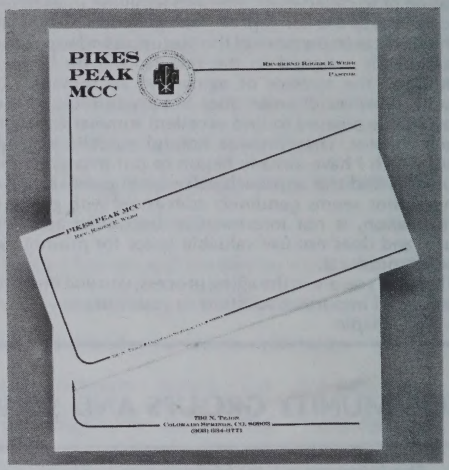

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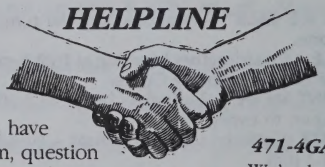

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COMMUNITY CALENDAR

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
		November 5	6 **PPMCC** - Prayer Breakfast at 7:00 am. **The Womens Group** - 7:00 pm., "Group Dynamics" Call the Helpline for info. **PPMCC** - Affirm at 7 pm.	7 **PPMCC** - Mid Week Worship at 7:00 pm. **Count Me In** - 7:30 pm., Call the Helpline for info. **ICSC** - Court Show at the Exit at 10:00 pm.	8 **ICSC** - Court Show at the Annex at 10:30 pm.	9 **Parents & Friends of Gays** - Organizational meeting, 10:00 am. at the Community Center. **ICSC** - Court Show at the Hide & Seek at 10:00 pm. at 12:00 am.
10 **MMCC** - Worship Service, 10:00 am. at the Community Center **C.A.R.E.** Meets 1:30 pm., at the Community Center **PPMCC** - Worship Service, 5:00 pm. at 730 N. Tejon. **PPMCC** - Congregational Meeting at 7:00 pm. **ICSC** - Turkey Shoot at the Exit, watch for times.	11 **Can We Talk** - 7:00 pm., at the Community Center. Call Helpline for info.	12 **Dignity** - Mass, Call Helpline for info.	13 **PPMCC** - Prayer Breakfast at 7:00 am. **The Womens Group** - 7:00 pm., "Lesbian Motherhood" (child care provided) Call the Helpline for info. **PPMCC** - Affirm at 7:00 pm.	14 **PPMCC** - Mid Week Worship at 7:00 pm. **Count Me In** - 7:30 pm., Call the Helpline for info.	15 	16 **ICSC** - Dallas Coronation, watch for information. **PPMCC** - Holy Union at 7:30 pm.
17 **MMCC** - Worship Service, 10:00 am. at the Community Center. **C.A.R.E.** - Meeting 1:30 pm., at the Community Center **PPMCC** - Worship Service, 5:00 pm. at 730 N. Tejon. **ICSC** - Turkey Shoot at the Exit, watch for times.	18 **Can We Talk** - 7:00 pm., at the Community Center. Call Helpline for info. **Network** - One Women Art Show. See drawings & paintings by a talented local woman- "Shaffie." 6:30 pm. upstairs at the Exit. **"An Early Frost"** - First made for television movie, dealing with the subject of AIDS. NBC	19 **P.P.G.C.C.** - Board Meeting 7:30 pm. at the Community Center	20 **PPMCC** - Prayer Breakfast at 7:00 am. **The Womens Group** - 7:00 pm., "Survival." Call the Helpline for info. **PPMCC** - Affirm at 7:00 pm.	21 **Count Me In** - 7:30 pm., Call the Helpline for info.	22 **PPMCC** - Revival at 7:30 pm.	23 **ICSC** - Court Show at El Chaperal at 11:00 pm. **PPMCC** - Banquet at 7:00 pm.
24 **MMCC** - Worship Service, 10:00 am., at the Community Center, **C.A.R.E.** - Meeting 1:30 pm., at the Community Center. **PPMCC** - CHARTER CELEBRATION WORSHIP SERVICE, 5:00 pm., at 730 N. Tejon.	25 **Can We Talk** - 7:00 pm., at the Community Center. Call Helpline for info.	26 **Helpline** - Meeting 7:00 pm. at the Community Center (Pot Luck) **Dignity** - Service, Call Helpline for info.	27 **PPMCC** - Prayer Breakfast at 7:00 am. **The Womens Group** - 7:00 pm., "Rap Night." Call the Helpline for info.	28 **THANKSGIVING** **Count Me In** - 7:30 pm., Call the Helpline for info. **ICSC** - Thanksgiving Dinner at Henri's. Noon to 5:00 p.m. Free/Donations Accepted. **PPMCC** - Thanksgiving Dinner	29 **Victorian Christmas Tours** - Today thru Dec. 8th. at Miramont Castle in Manitou Springs.	30 **C.A.R.E.** - "City Lights" Fund Raiser, 10:30 pm. at El Chapperal in Pueblo.
December 1 **MMCC** - Worship Service, 10:00 am., at the Community Center. **C.A.R.E.** - Meeting 1:30 pm., at the Community Center. **PPMCC** - Worship Service, 5:00 pm., at 730 N. Tejon.	2 **Can We Talk** - 7:00 pm., at the Community Center. Call Helpline for info.	3 	4 **PPMCC** - Prayer Breakfast at 7:00 am. **The Womens Group** - 7:00 pm., "Holidays-Merry or Blue." Call the Helpline for info.	5 **Count Me In** - 7:30 pm., Call the Helpline for info.	**DATES TO REMEMBER** November 11th, Veterans Day 28, Thanksgiving	

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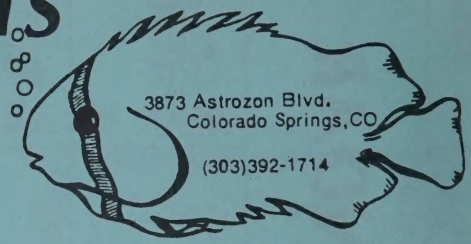

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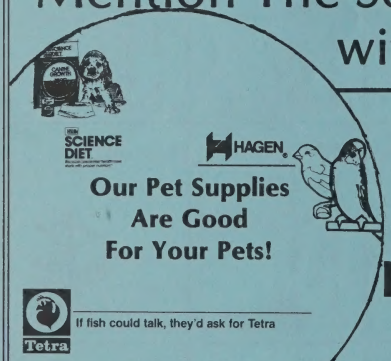

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